Code of Rugby

Everyone involved in rugby in England whether a player, coach, referee, administrator, parent or spectator is expected to uphold the Core S Values of our sport.

TEAMWORK RESPECT ENJOYMENT DISCIPLINE SPORTSMANSHIP

PLAY TO WIN – BUT NOT AT ALL COSTS WIN WITH DIGNITY – LOSE WITH GRACE OBSERVE THE RULES AND REGULATIONS OF THE GAME RESPECT OPPONENTS, REFEREES AND ALL PARTICIPANTS REJECT CHEATING, RACISM, VIOLENCE AND DRUGS VALUE VOLUNTEERS AND PAID OFFICIALS

ENJOY THE GAME



Teamwork

Teamwork is essential to our sport. We believe the only way to succeed is by working together.

Respect

Respect forms the basis of our sport. We believe every person on our team has something to contribute.

Enjoyment

Enjoyment is the reason we play and support rugby union. We believe rugby is fun and being passionate and positive are the keys to great performance.

CHIPPDisciplineBURY

Discipline underpins our sport. We believe it takes strength of character and total focus to deliver.

Sportsmanship

Sportsmanship is the foundation rugby union is based upon. We believe in bringing fairness and integrity to our organisation by living our values.

<u>Players</u>

• Play for the fun of the game, not just to please your parents or coach Play by the laws of the game Do not argue with the referee's decision Control your temper • It is a 'team' game! It is very rewarding to play rugby with your mates. Don't try and grab all the glory yourself • Treat all players as you would like to be treated Don't show off, bully or take unfair advantage of any players - it's not part of rugby Remember the game is about having fun, improving your skills, making friends and feeling good about yourself and teammates • If you lose, accept it with good grace and try harder next time • Listen to your coaches and referees, work with teammates. Without them and your opponents,

you cannot play!

<u>Coaches</u>

 Don't overload young players with demands, technical information and tactics - remember they are children and they are playing rugby for fun Don't overplay the better players - include everyone! Ensure all players get at least 20 minutes playing time per game Think about how you are going to use your players for the whole game utilising the rolling substitutions allowed, rather than just a straight substitution towards the end of the game Young players develop at different times and in different ways - make allowances for their physical, emotional and mental maturity and

development

 Winning isn't everything- teach your players to enjoy taking part and performing to the best of their ability. Encourage each player to reach his or her potential

• Never abuse, yell, criticise or ridicule children for making mistakes or losing a game

Be organised - establish a structure for the season, prepare a coaching plan for each session, have the appropriate kit. Above all, communicate to players, parents and fellow coaches to set expectations
Make sure players develop an understanding of the laws of the game, that they respect opponents, teammates, coaches and officials
Never question an official's judgement or honesty
Ensure players and parents behavior is appropriate and in keeping with the spirit of the game and the expectations of the club

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<u>Parents</u>

- Do not force an unwilling child to participate in a game of rugby
- Children play rugby for their enjoyment, not yours
- Encourage your child to play by the laws of the game
 - Teach your child that playing well and fairly is more important than winning
 - Never ridicule or yell at your child for making mistakes. Support and encourage your child.
 - Console them for losing, but encourage them to try harder next time
 - Remember children learn best by example. Applaud
 good play by both sides
- Do not question a referee or a linesman's judgement or their honesty. There is no place for 'touchline rage' in rugby
 - Support all efforts to remove verbal or physical abuse from rugby. Report anything your Club
 Safeguarding Officer or one of the club's committee

• Help your club function properly by turning up on time with the appropriate kit. Be prepared to help out if asked.

 Value the importance of the volunteer coaches. They give up their time to provide recreation for your child. Support their decision when your child has not been selected for a game. If you have issues with the way a coach is performing, talk to them first. Refer any issues to the appropriate representative at the club

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